



NORTH WEST TRIATHLON RESULTS EVENT 7

11~Mar~23

OVERALL POSITION	CATEGOR Y POSITION	TSA NUMBER	ATHLETE FIRST	ATHLETE LAST	AGE GROUP	PROVINCE/ NATIONALIT Y	CATEGORY	EVENT DISTANCE	TOTAL TIME
1	1	927	Dylan	Kruger	25-29		Triathlon	Standard	2:01:05
2	1	TSA00005981	Deon	Schulenburg	50-54		Duathlon	Standard	2:33:22
3	1	6530	Jacolien	Swart	40-44		Triathlon	Standard	2:51:29
4	2	6085	Elmarie	Laas	40-44		Triathlon	Standard	2:51:29
5	1	16515	Mariette	Hitge	50-54		Triathlon	Standard	2:53:17
6	1	TSA00007503	Wiehann	Wagener	35-39		Duathlon	Standard	2:55:58
7	1	63905	Gerhaardus	Hooghiemstra	40-44		Triathlon	Standard	3:07:25
8	1	63885	Antoinette	Hooghiemstra	35-39		Triathlon	Standard	3:19:54
1	1	1652	Isak Petrus	Hitge	16-17		Duathlon	Sprint	1:08:35
2	1	691	Frederika	Rossouw	45-49		Duathlon	Sprint	1:10:42
3	1	Day Licence	Werner	Hitge	50-54		Duathlon	Sprint	1:28:54
4	1	6531	Gerhard	Swart	16-17		Triathlon	Sprint	1:39:48
5	1	6936	Lynn	van Tonder	60-64		Duathlon	Sprint	1:46:14
6	1	TSA00008255	Dewalt	Kriel	25-29		Triathlon	Sprint	1:59:37
7	1	Day Licence	Diego	Paulo	20-24		Triathlon	Sprint	2:18:09
1	1	5931	Jansu	De Beer	12-13		Duathlon	SuperSprint	0:35:46
2	2	Day Licence	Wihanru	Aspeling	12-13		Duathlon	SuperSprint	0:47:08
1	1		Clarissa	Momberg	7		Duathlon	Kids (short cycle)	
2	1		Hanru	Moll	10		Duathlon	Kids	
3	1		Kayleigh	Aspeling	8		Duathlon	Kids	
4	1		Lira	Laas	11		Duathlon	Kids	
5	1		Jacques	Hooghiemstra	10		Triathlon	Kids	
6	2		Marlie	Smith	11		Duathlon	Kids	
7	2		Reinhardt	Momberg	10		Duathlon	Kids	