



NORTH WEST TRIATHLON RESULTS EVENT 5

14-Jan-23

OVERALL POSITION	CATEGORY Y POSITION	TSA NUMBER	ATHLETE FIRST	ATHLETE LAST	AGE GROUP	PROVINCE/NATIONALITY	CATEGORY	EVENT DISTANCE	TOTAL TIME
1	1	TSA00005951	Matthew	Greer	25-29		Duathlon	Standard	2:04:18
2	1	1664	Pieter	Burger	45-49		Duathlon	Standard	2:17:32
3	1	586	Gizelde	Strauss	20-24		Duathlon	Standard	2:42:26
4	1	5980	Anton	Schoeman	55-59		Duathlon	Standard	2:47:06
5	1	1651	Mariette	Hitge	50-54		Duathlon	Standard	2:49:36
6	2	63325	Alf	White	45-49		Duathlon	Standard	2:55:03
7	1	223	Pieter	Henning	70-74		Duathlon	Standard	3:00:01
8	1	63885	Antoinette	Hooghiemstra	35-39		Duathlon	Standard	3:10:10
1	1	927	Dylan	Kruger	25-29		Duathlon	Sprint	1:01:54
2	1	TSA00005951	Gareth	Greer	55-59		Duathlon	Sprint	1:07:52
2	1	TSA00005948	Dawie	J v Rensburg	45-49		Duathlon	Sprint	1:07:52
4	1	2780	Ryno	van Rensburg	35-39		Duathlon	Sprint	1:08:43
5	1	TSA00007700	Wert	Dippenaar	50-54		Duathlon	Sprint	1:11:04
6	1	Day Licence	Rudi	van Heerden	40-44		Duathlon	Sprint	1:11:34
7	2	3034	Cornelis	Leijenaar	50-54		Duathlon	Sprint	1:12:57
8	3	TSA00005981	Deon	Schulenburg	50-54		Duathlon	Sprint	1:16:07
9	4	Day Licence	JOHANNES	Boonzaaier	50-54		Duathlon	Sprint	1:23:29
10	1	6530	Jacolien	Swart	40-44		Duathlon	Sprint	1:23:36
11	1	4916	Ian	Crozier	60-64		Duathlon	Sprint	1:26:51
12	1	1141	JOHANNES	GOUWS	65-69		Duathlon	Sprint	1:27:14
13	1	8107	Robyn	Murphy	25-29		Duathlon	Sprint	1:29:35
14	2	Day Licence	Dave	Mundell	45-49		Duathlon	Sprint	1:32:23
15	5	Day Licence	Werner	Hitge	50-54		Duathlon	Sprint	1:33:43
16	2	Day Licence	Christo	Strauss	55-59		Duathlon	Sprint	1:33:48
17	2	63905	Gerhaardus	Hooghiemstra	40-44		Duathlon	Sprint	1:37:10
18	1	6936	Lynn	van Tonder	60-64		Duathlon	Sprint	1:43:59
19	2	Day Licence	Ingrid	Benn	25-29		Duathlon	Sprint	1:44:59
20	1	Day Licence	Nicole	van Rensburg	35-39		Duathlon	Sprint	1:45:56
21		Day Licence	Yanich	Strauss	25-29		Duathlon	Sprint	DNF
22		Day Licence	Johan	Bezuidenhout	20-24		Duathlon	Sprint	DNF
1	1	4882	Wihan	Strydom	12-13		Duathlon	SuperSprint	0:35:27
2	2	5931	Jansu	De Beer	12-13		Duathlon	SuperSprint	0:35:27
3	1	day licence	Willem-Nel	Moll	14-15		Duathlon	SuperSprint	0:43:08
4	2	6531	Gerhard	Swart	14-15		Duathlon	SuperSprint	0:43:09
5	1	60215	Kara	Du Plessis	12-13		Duathlon	SuperSprint	0:45:09
6	1	5979	Fabiana	Hans de Andrade	14-15		Duathlon	SuperSprint	0:47:05
7	3	day licence	Cornel	Moll	12-13		Duathlon	SuperSprint	0:56:15
1	1		Jacques	Hooghiemstra	10		Duathlon	Kids	
2	1		Haniela	Hans de Andrade	9		Duathlon	Kids	
3	1		Nathan	van Rensburg	8		Duathlon	Kids	
4	2		Hanru	Moll	10		Duathlon	Kids	
5	1		Isabel	Hooghiemstra	6		Duathlon	Kids	